

**BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER**

**May 2017**

**Lunch menus include 8oz 1% Milk & 4oz Juice**

**Menus shown for Friday & Saturday are for Meals-On-Wheels Clients**

**NOTE: Lunch is served at Brookletts Place at Noon, Monday through Thursday ONLY**

<b>Week 3 Monday 4/24</b>	<b>Tuesday 4/25</b>	<b>Wednesday 4/26</b>	<b>Thursday 4/27</b>	<b>Friday 4/28 MOW ONLY</b>	<b>Saturday 4/29 MOW ONLY</b>
Salisbury Steak Mashed Potatoes Season Mixed Vegetables Mandarin Oranges W.W. Bread w/ Marg. Milk/Juice	Lima Bean w/ Corn & Tomato Soup Turkey & Cheese on W.W. Bread Fresh Melon Cup Milk/Juice	Baked Chicken Au Gratin Potatoes Buttered Peas Fruit Cocktail W.W. Bread w/ Marg. Milk/Juice	Beef & Macaroni w/ Tomato Sauce Garden Salad w/ Dressing Applesauce Garlic Bread Milk/Juice	Turkey Burger on Bun Buttered Spinach Oven Baked Potatoes Fresh Banana Milk/Juice	Tuna Salad Pasta & Bean Salad Sliced Tomatoes Peaches W.W. Crackers (6) Milk/Juice
<b>Week 4 Monday 5/01</b>	<b>Tuesday 5/02</b>	<b>Wednesday 5/03</b>	<b>Thursday 5/04</b>	<b>Friday 5/05 MOW ONLY</b>	<b>Saturday 5/06 MOW ONLY</b>
Chicken & Noodle Casserole Steamed Broccoli Pineapple Chunks Buttermilk Biscuit w/ Marg. Milk/Juice	Grilled Hamburger on Bun BBQ Baked Beans Cole Slaw Tropical Fruit Salad Milk/Juice	Baked Low Salt Ham Sweet Potatoes Brussel Sprouts Applesauce W.W. Bread w/ Marg. Milk/Juice	Baked Tilapia Fish Boiled Parsely Potatoes String Beans Diced Pears Corn Bread w/ Marg. Milk/Juice	Shepherd Pie Creamy Mashed Potatoes Cauliflower Blend Vegetables Fruit Jello W.W. Roll w/ Marg. Milk/Juice	Grilled Chicken Breast on Bun Green Beans Scallop Potatoes Raisin Box Milk/Juice
<b>Week 1 Monday 5/08</b>	<b>Tuesday 5/09</b>	<b>Wednesday 5/10</b>	<b>Thursday 5/11</b>	<b>Friday 5/12 MOW ONLY</b>	<b>Saturday 5/13 MOW ONLY</b>
Baked Rock Fish Green Lima Beans Stewed Tomatoes Diced Pears W.W. Bread w/ Marg. Milk/Juice	Carpe Diem: H. Bass & B. Hollinshead Chef Salad, Mixed Greens, Egg Shredded Cheese, Turkey, Low Salt Ham, Tomato Wedge (3) Macaroni Salad Fruit Cup Fresh Baked Muffin Milk/Juice	Roast Turkey & Gravy Creamy Mashed Potatoes Green Beans Slice Peaches W.W. Bread w/ Marg. Milk/Juice	<b>Lunch w/ Gene Edwards</b> Chicken Cordon Bleu Rice Pilaf Seasoned Peas Fresh Orange W.W. Bread w/ Marg. Milk/Juice	Swedish Meatballs Buttered Egg Noodles Steamed Carrots Fruit Cocktail W.W. Bread w/ Marg. Milk/Juice	Breaded Chicken Breast Tenders Seasoned Pinto Beans Steamed Cauliflower Apple Crisp W.W. Bread w/ Marg. Milk/Juice
<b>Week 2 Monday 5/15</b>	<b>Tuesday 5/16</b>	<b>Wednesday 5/17</b>	<b>Thursday 5/18</b>	<b>Friday 5/19 MOW ONLY</b>	<b>Saturday 5/20 MOW ONLY</b>
Beef Hot Dog on Roll Sweet Potato Waffle Fries Wax Beans Fresh Plum Milk/Juice	Oven Fried Chicken Baked Beans Steamed Broccoli Apricots W.W. Bread w/ Marg. Milk/Juice	Cheeseburger on Bun Oven Potato Wedges Vegetable Blend Pineapple Tidbit Milk/Juice	Chicken Salad on Bun 3-Bean Salad Potato Salad Fruit Jello Milk/Juice	Baked Flounder Macaroni & Cheese Brussel Sprouts Applesauce W.W. Bread w/ Marg. Milk/Juice	BBQ Ribs on Bun Oven Baked French Fries Steamd Spinach Fresh Orange Milk/Juice

***Suggested contribution for lunch is \$2.75 for those 60 and older. Those under 60 are required to pay \$5.50.***

<b>Week 3 Monday 5/22</b>	<b>Tuesday 5/23</b>	<b>Wednesday 5/24</b>	<b>Thursday 5/25</b>	<b>Friday 5/26 MOW ONLY</b>	<b>Saturday 5/27 MOW ONLY</b>
Salisbury Steak Mashed Potatoes Season Mixed Vegetables Mandarin Oranges W.W. Bread w/ Marg. Milk/Juice	<b>Lunch with Chuck Fisher</b> Lima Bean w/ Cron & Tomato Soup Turkey & Cheese on W.W. Bread Fresh Melon Cup Milk/Juice	Baked Chicken Au Gratin Potatoes Buttered Peas Fruit Cocktail W.W. Bread w/ Marg. Milk/Juice	Beef & Macaroni w/ Tomato Sauce Garden Salad w/ Dressing Applesauce Garlic Bread Milk/Juice	Turkey Burger on Bun Buttered Spinach Oven Baked Potatoes Fresh Banana Milk/Juice	Tuna Salad Pasta & Bean Salad Sliced Tomatoes Peaches W.W. Crackers (6) Milk/Juice
<b>Week 4 Monday 5/29</b>	<b>Tuesday 5/30</b>	<b>Wednesday 5/31</b>	<b>Thursday 6/01</b>	<b>Friday 6/02 MOW ONLY</b>	<b>Saturday 6/03 MOW ONLY</b>
Chicken & Noodle Casserole Steamed Broccoli Pineapple Chunks Buttermilk Biscuit w/ Marg. Milk/Juice	<b>Shelley Abbott</b> Grilled Hamburger on Bun BBQ Baked Beans Cole Slaw Tropical Fruit Salad Milk/Juice	Baked Low Salt Ham Sweet Potatoes Brussel Sprouts Applesauce W.W. Bread w/ Marg. Milk/Juice	Baked Tilapia Fish Boiled Parsely Potatoes String Beans Diced Pears Corn Bread w/ Marg. Milk/Juice	Shepherd Pie Creamy Mashed Potatoes Cauliflower Blend Vegetables Fruit Jello W.W. Roll w/ Marg. Milk/Juice	Grilled Chicken Breast on Bun Green Beans Scallop Potatoes Raisin Box Milk/Juice

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